



# IQRR

The International Quit & Recovery Registry (IQRR) is made up of people in recovery from around the globe. Its mission is to help scientists understand what it takes to achieve recovery success.

Led by Dr. Warren Bickel and the Addiction Recovery Research Center (ARRC) at the Virginia Tech Carilion Research Institute, the registry taps the insights of people who are in recovery, our **Recovery Heroes**. Visit [quitandrecovery.org](http://quitandrecovery.org) today to join our ongoing research.



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